



Children's Benadryl (diphenhydramine)

May be taken every 4-6 hours.

Weight in Pounds (lbs.)	Liquid Benadryl (12.5 mg/5 ml)	Benadryl Chewable Tablet (12.5 mg)	Benadryl Tablet (25 mg)
18-28 lbs	$\frac{3}{4}$ tsp (3.75 ml)	-----	-----
29-41 lbs	1 tsp (5 ml)	1 Chewable	-----
42-55 lbs	1.5 tsp (7.5 ml)	-----	-----
55-83 lbs	2 tsp (10 ml)	2 Chewables	1 Tablet
83-110 lbs	3 tsp (15 ml)	3 Chewables	-----
110 lbs and over	4 tsp (20 ml)	4 Chewables	2 Tablets

When to use: Benadryl is an antihistamine medication which is particularly good at relieving symptoms due to upper respiratory allergies such as runny nose, sneezing, itchy, watery eyes, itching of the nose and throat, and may help coughs caused by post-nasal drainage. It is also useful to treat itching due to any cause, especially with rashes due to allergy or viruses (i.e. Chicken Pox). Use Benadryl to treat insect bites and stings.

Side effects: Benadryl may cause drowsiness or, less commonly, agitation or insomnia. Other side effects are rare.